



**KATE CHRISTIE**  
TIME INVESTMENT EXPERT

# Power Up Your Productivity

You are busy! You have so many balls in the air that the juggle is becoming increasingly hard to sustain. You need to start doing things differently because trying to do it all represents a huge risk to your ongoing wellness, success and professional development.

Inspire your audience to make simple changes to the way they think about and invest their time.

With a reputation for helping her clients find 30 hours of lost time a month, Kate will share dozens of productivity strategies for immediate time gains, including:

- how to take control of the agenda
- how to invest your time not manage your time
- the activities you can Outsource or Delegate
- the activities you can Reject or do differently
- how to find the time you need to ensure you can spend time with your family, friends and on you own wellbeing.

Your audience will walk in time poor and leave with time in the bank.

## Options:

- 45 minute Keynote
- 2 hour Workshop

## Bespoke:

It is important to Kate that her content and the strategies she provides are 100% tailored to your audience/ team/ working environment/ industry.

Kate ensures this by:

- Surveying your audience via a short 5 question anonymous survey to identify their key time pain points (prior to all events)
- Guiding your audience to complete a 1 day personal time audit, each of which Kate reviews (Workshops only)

*“Some speakers are all hype and little substance. Not Kate Christie - her content was 'gold'. She showed the audience how to create an extra 30 hours of productive time every month without having to work more hours. Think about that: 30 hours that can be used for family time, or for producing results and more income. If time is money, an extra 30 hours per month, 360 hours per year, is worth a fortune to a focused professional. You can understand why our audience took notes furiously!” - Gary Pittard, CEO Pittard*

*“Kate is an inspiration - she provided us with an informative presentation that 'cuts through the crap and straight to the point'. Kate knows how to present, not only with a laugh but with power and integrity.” - Anon*

*“Kate is an absolute authority on time management. Not only that, she is an accomplished speaker and quick with a quip - keeping our challenging audience in check, educated and highly entertained.” - Milton Cations, Australian Property Institute*